

ADULT TENNIS PROGRAMS



Morning Schedule	Mon	Tues	Wed	Thurs	Fri
8:30am					
9:00am					
9:30am	Cardio Tennis 1hr	Day Social 2 hrs	Day Social 2 hrs		
10:00am					
10:30am					
11:00am					
11:30am					

Evening Schedule	Mon	Tues	Wed	Thurs	Fri
6:30pm	Cardio Tennis 1hr	Adult Class 1hr	Cardio Tennis 1hr		
7:00pm					
7:30pm	Internal League 2.5 hrs	Night Social 2.5 hrs	Internal League 2.5 hrs		Club Session 2.5 hrs
8:00pm					
8:30pm					
8:30pm					

Membership \$15

Enjoy everything the Playford Tennis Centre has to offer for a once only fee of \$15. This includes membership to the Gove Tennis Club, Tennis SA Membership, player insurance and discounts across a wide range of programs and services.

Internal Leagues From \$70

Play against players of the same standard as you in a weekly in-house competition that involves both doubles and singles in a team of two. No partner? No problem – we can find one for you. New seasons starting regularly.

Day Social \$12 Member \$18 Non-Members

Come along and play social doubles under the supervision of our coach. Morning tea and general instruction is included during day time sessions. All ages and standards welcome, no booking necessary. This is great value.

Adult Class \$18.50 Member \$25 Non-Members

Want to learn the correct way to play tennis? Join our weekly coaching sessions with our professional tennis coaches especially tailored for adult and intermediate beginners looking to learn the fundamentals of tennis.

Night Social \$15 Member \$22.50 Non-Members

What a great way to unwind after a tough day at work. Coaching doubles tennis and coffee and under the supervision of our coaches will ensure you unwind and have fun. 1hr of group coaching followed by mixed social doubles. Great Value!!

Club Session \$10 Member

Practice your skills ready for your Saturday match day. Join others from the Grove Tennis Club and fine tune yourself. Bookings not essential just turn up and play. Free for Grove Tennis Club members that play in external leagues and regular rates for everyone else.

Cardio Tennis \$12 Member \$20 Non-Members

Cardio Tennis programs are designed for players of all standards and ages from absolute beginner to tournament players. The program is designed to give you a full body workout while teaching you tennis skills at the same time. It's not a tennis lesson; it is a serious workout